

# THE PROSPEROUS HEALER™

AN E-ZINE FOR WELLNESS PROFESSIONALS



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Dear Friend,

I was sooo looking forward to Oprah's Monday night webcast with Eckhart Tolle, based on his book, *A New Earth, Awakening to Your Life's Purpose*. And what a great, hands-on, experiential lesson in non-resistance it ended up being! To be honest with you, I was hardly a model of equanimity. As the technical problems I was experiencing with the webcast mounted, I could feel my frustration and disappointment rising. It took me a while to come out of this resistant state, but when I did, the irony of the situation was readily apparent. I ended up having a good laugh at myself and thanking Oprah and Eckhart for deepening my learning.

Inspired by Eckhart Tolle's book, the feature article of this issue of *The Prosperous Healer™* is called "Businesses For A New Earth". It relates to the first step of inspired business planning (a process described in the last e-zine issue): connecting to the higher purpose of your wellness business. May this article expand your insight, clarity and connection with your purpose!

Love and Success,

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## Businesses For A New Earth by Mary C. Davis

I remember both the subtle whisperings of my soul and the more jolting cosmic two by fours over the head, metaphysically speaking, that initiated my process of awakening to my life's purpose. And while this process continues (generally, in a more gentle way), I revel in the profound mystery of its unfoldment and am grateful that it has led me to this moment in time.

You and I have reached an exciting juncture in our collective evolution where fully realizing the purpose of our human experience is a distinct possibility. As we embrace this possibility, we have been guided to do work (both inner and outer) that forwards the process of our own awakening and helps others awaken – healing or wellness work. And while the healing arts or wellness professions cover a breadth of different modalities, their collective purpose is the same – to awaken us to our intrinsic wholeness, the purpose of each individual life.

## Your Life's Purpose and Your Business

In Eckhart Tolle's book, *A New Earth, Awakening to Your Life's Purpose*, he defines awakening as the process of consciousness shifting to a state where thinking and awareness separate. He says that your inner purpose, which concerns being, is to awaken and this is primary. Your outer purpose, which concerns doing, is secondary.

These key concepts underpin inspired business planning and relate directly to the first step of the process, which is to discern the higher purpose of your wellness business. If you're not focussed primarily on your inner purpose (to awaken), then you will not be connected to the higher purpose of your business. And, consequently, your outer purpose (your business) will be out of alignment with your inner purpose. In other words, you will operate your business from the consciousness of your ego (your conditioned, limited, thinking mind), rather than the consciousness of your awakening self.

## Discerning the Higher Purpose of Your Business

"Finding and living in alignment with the inner purpose is the foundation for fulfilling your outer purpose. It is the basis for true success."

- Eckhart Tolle, *A New Earth, Awakening to Your Life's Purpose*

As you continue to focus on your inner purpose, the higher purpose of your wellness business will become clearer and more rooted in your consciousness. You will see yourself experiencing and facilitating awakening.

While this is the broader, higher purpose of your business, you may also start to discern more specific aspects of it. You may feel called to facilitate awakening through a particular life area and/or with a particular group of people. For example, as I've focused on my inner purpose, I've discerned that the specific, higher purpose of my business is to model and facilitate awakening with healers/wellness professionals through money and all forms of prosperity, as expressed primarily through business.

Although this is my truth right now, it may not be yours; your business's higher purpose may not include such specific aspects or they may emerge, change or diversify over time. Also, you may feel that you already have much clarity and connection with your business's higher purpose. Nevertheless, to deepen this connection and invite further clarity, consider asking yourself these questions and journaling your responses:

- \* What do I think is the primary purpose of my life?
- \* How does my life purpose relate to the higher purpose of my business?
- \* How would I describe the higher purpose of my business?
- \* (If this feels applicable to you) What specific life areas are especially related to the higher purpose of my business?
- \* (If this feels applicable to you) What specific groups of people relate to the higher purpose of my business?

Discerning and deepening your connection with your business's higher purpose is the first, ongoing step of the inspired business planning process, and it will fortify all subsequent steps. As you focus on fulfilling this purpose, your business will be infused with immense spiritual power, uniting your intentions and objectives with the evolutionary impulse of universal consciousness.

Entrepreneur, Coach and Prosperity Guide Mary C. Davis is the creator of *The Prosperous Healer Program™*, a menu of coaching and learning services designed to help spiritually-oriented wellness professionals build prosperous, fulfilling practices. To find out more about these services, visit [www.anamturas.com](http://www.anamturas.com) and/or contact Mary at [info@anamturas.com](mailto:info@anamturas.com).

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## Calling All Healers!

If you're interested in exploring another exciting modality that will help facilitate your awakening and that of your clients, check out Theta Healing at [www.thetahealing.com](http://www.thetahealing.com). Lightwork Seminars International will be teaching a Theta Healing I & II course in Toronto from April 11 – 13. Click here for more details: [www.Lightwork-Seminars.com](http://www.Lightwork-Seminars.com).

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